

## Applied AnthroHealth Training Dates: 2016-2018

Module	Dates	Topics
<b>Module 1 Pilot</b>	3-4 December 2016	<p><b>Three type concept &amp; common infections</b></p> <ul style="list-style-type: none"> <li>• 3 types concept in illness and health</li> <li>• 3 functional systems intro</li> <li>• 4 elements of human intro</li> <li>• Type remedies</li> <li>• Remedies for common infections</li> <li>• External application methods</li> </ul>
<b>Module 2</b>	<p><b>22-23 April 2017</b></p> <p>Note: For those who did not attend Module 1, <b>Friday 21 April</b> afternoon/eve recap of Module 1 concepts if required</p>	<p><b>Nerve Sense system &amp; related conditions</b></p> <ul style="list-style-type: none"> <li>• Deepening understanding of nerve -sense type <ul style="list-style-type: none"> <li>➢ NS type in health and illness</li> <li>➢ Distinguishing morphology</li> <li>➢ Differentiation of nerve and sense types</li> </ul> </li> <li>• AnthroHealth approach to nerve-sense system conditions, including: <ul style="list-style-type: none"> <li>➢ Parkinsons, dementia</li> <li>➢ Burnout</li> <li>➢ Skin conditions: eczema, psoriasis</li> </ul> </li> </ul>
<b>Module 3</b>	<b>24-25 June 2017</b>	<p><b>Metabolic Limb system &amp; related conditions</b></p> <ul style="list-style-type: none"> <li>• Deepening understanding of metabolic-limb type <ul style="list-style-type: none"> <li>➢ ML type in health and illness</li> <li>➢ Distinguishing morphology</li> <li>➢ Differentiation of metabolic and limb types</li> </ul> </li> <li>• AnthroHealth approach to metabolic-limb system conditions, including: <ul style="list-style-type: none"> <li>➢ Digestive disorders</li> <li>➢ Obesity</li> <li>➢ Arthritic conditions</li> <li>➢ Muscular disorders</li> </ul> </li> </ul>
<b>Module 4</b>	<b>9-10 September 2017</b>	<p><b>Rhythmic System &amp; related conditions</b></p> <ul style="list-style-type: none"> <li>• Deepening understanding of rhythmic type <ul style="list-style-type: none"> <li>➢ R type in health and illness</li> <li>➢ Distinguishing morphology</li> <li>➢ Differentiation of rhythmic types</li> </ul> </li> <li>• AnthroHealth approach to rhythmic system conditions, including: <ul style="list-style-type: none"> <li>➢ Cardio-vascular problems</li> <li>➢ Respiratory conditions</li> </ul> </li> </ul>

<b>Module</b>	<b>Dates</b>	<b>Topics</b>
<b>Module 5</b>	<b>2-3 December 2017</b>	<b>Phases of life 1: Childhood &amp; Adolescence</b> <ul style="list-style-type: none"> <li>• Expression of 3 types in children &amp; adolescents</li> <li>• Remedies for common childhood and adolescent problems based on 3 types concept</li> </ul>
<b>Module 6</b>	<b>27-28 January 2018</b> Or <b>3-4 February 2018</b> <b>tbc</b>	<b>Phases of life 2 : Adulthood and elder years</b> <ul style="list-style-type: none"> <li>• Expression of 3 types in elder years</li> <li>• Remedies for specific elder year issues based on 3 types concept</li> <li>• AnthroHealth approach to end of life care</li> </ul>