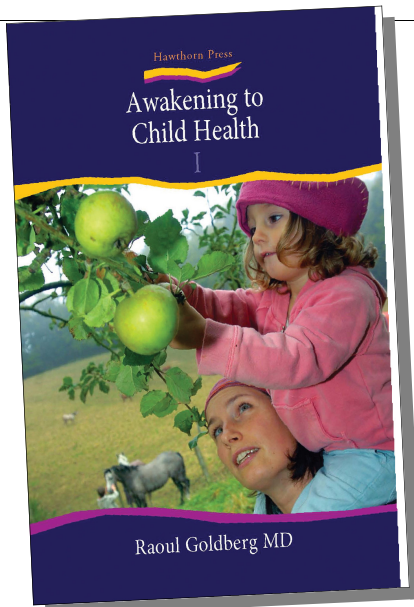


Dr Raoul Goldberg will hold a workshop on ***Awakening to the Genius of Childhood – Reconnecting with the Child Within***, in Stroud at The Exchange, Brick Row on Saturday February 27th 10 am to 5pm, and again on Sunday 28th Feb. at Rudolf Steiner House, London from 11.00 am to 5 pm.



This workshop will help participants re-connect with the wonder of childhood through evoking one's own experience. Getting in touch with one's own inner child can strengthen the personal resilience and insight that parents, caregivers and child professionals need in order to relate more empathetically with children

Raoul Goldberg will draw on his research, 30 years as a Steiner/Waldorf School doctor, Rudolf Steiner's insights into child growth, holistic medicine, his therapeutic and medical work to help explore questions arising in the workshop.

His new book, *Awakening to Child Health 1: Holistic Child and Adolescent Development*, has just been published by Hawthorn Press, and has been warmly received and well reviewed. *Awakening to Child Health* is a milestone in our understanding of child development, informed by embryology, physiology, psychology and spirituality.

Workshop aims:

1. To explore the basic principles that guide healthy child development
2. To discover the child outside from the inside
3. To deepen insights into the genius of childhood, so as to strengthen one's resources for parenting and child care

The workshop will cover the following themes, depending on participants' questions:

1. Where do we come from? Prenatal development and training the will
2. The heavenly, golden years (0 - 7) : developing the senses
3. The beautiful years (7 - 14) Developing feeling
4. The truthful years (14 - 21) Developing thinking
5. Awakening to the 'I'
6. Methods for exploring our experiences

The workshop is a good introduction to the book, which offers ways for re-connecting with the genius of childhood so as to strengthen one's own sense for health in raising and caring for children. This is a special opportunity to meet the author, who is on a rare visit to Britain from Cape Town, South Africa, where he runs the Syringa Health Centre This is a holistic child care clinic offering general practice and a range of complementary therapies.

' Here are imaginative and creative ways of understanding childhood, with wisdom, love and respect for children and their development.' Dr Saskia Renkema, Blackthorn

' This is a truly amazing book.' Angelika Monteux, Camphill, *Curative Journal* 2010

' Support and guidance in nurturing young people in challenging times.' Dr M. Gloeckler

***Awakening to Child Health I* is published by Hawthorn Press in the 'Early Years' series, at £20.00**

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